# Wear and Removal of Gloves Enabling Learning Objectives

- 1. Select from a list when you should wear gloves.
- 2. Describe the procedure for the proper removal of gloves.



#### Wearing Latex Gloves

- Gloves should be used whenever there is a chance you will come in contact with body fluids.
- The Center for Disease Control (CDC) recommends gloves be worn when you:
  - think your hands may be contaminated by body fluids.
  - have cuts, scratches or other breaks in your skin.
  - are handling open containers or specimens.
  - clean up a spill or handle waste material.



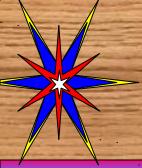
### Wearing Latex gloves

- Guidelines for safe use of gloves:
  - Change your gloves if torn, punctured or contaminated.
  - Use gloves only when needed.
  - Avoid touching clean surfaces, i.e. phones, computer terminals, etc. when gloved.
  - Change your gloves every 1 -2 hours.



#### Wearing Latex Gloves

- Guidelines for safe use of gloves (cont):
  - Wash hands with warm water and soap after removing gloves.
  - Do not wash or disinfect gloves for reuse.
  - Avoid touching your face or body parts with gloved hands



### Removal of Gloves

- How to properly remove your gloves:
  - With the index finger, middle finger, and thumb on your right hand pinch the glove on the left hand near the wrist.
  - Peal the left glove off by pulling toward the fingers on the left hand. Make sure to only touch the outside of the gloves and not your bare skin.
  - With the ungloved left hand, place two fingers (index and middle) under the cuff of the glove on the right hand.



#### **Removal of Gloves**

- How to properly remove your gloves (cont):
  - Strip the glove off making sure to not touch the outside portion of the glove with your bare hand.
  - Dispose of the gloves
  - Wash your hands.



## **Removal of Gloves**

